

## »→ APPETIZERS ←«

**House Soup \*gf/sf/nf** – \$9

+ Gluten-Free Cornbread \$2.50 / Side House Salad \$5

**Mini Mac** – A classic! Our take on Mac & Cheese topped with green onions and toasted bread crumbs. \$10.99

+ Add broccoli and/or seitan bacon \$2 (each)

**Dragon Fries \*gf** – Seasoned roasted potatoes, dragon sauce, banana peppers, green onion, toasted sesame seeds. \$14.99

**Cheese Burger Nachos** – Ground not-beef, dill pickle, red onion, queso cheez sauce, diced iceberg lettuce, tomato, special sauce. \$18.99

## »→ MAINS ←«

**WILD BOWL \*gf** – Organic seasoned tofu, brown rice, steamed kale and broccoli, shredded carrots, cabbage, beets, toasted sesame seeds, dragon sauce. \$20

**Taco Bowl \*gf** – Veggie ground, black beans, brown rice, mixed greens, salsa, cabbage slaw, sweet potato, green peppers, sour cream, salsa, fresh cilantro and corn chips. \$20

**Ginger Miso Noodles \*gf** – Ginger miso sauce, rice noodles, seared organic tofu, peppers, broccoli, carrot, cabbage, green onion and Sriracha cashews. \$18

**Mushroom & Cauliflower Alfredo** – Creamy roasted garlic and cauliflower Alfredo sauce, penne noodles, spinach, sautéed mushrooms, topped with pumpkin seed Parmesan, fresh parsley. Soy-free. \$18

**Supreme Buffalo Mac & Cheese** – Macaroni and cheeze with crispy tofu chick-un, buffalo sauce, sour cream and fresh herbs, topped with a coconut crusted onion ring. \$19

## »→ HANDHELDS ←«

**All handhelds come with your choice of roasted potato wedges or side salad. Upgrade your side Dragon Fries or Caesar Salad \$4**

**Buffalo Chick-Un Burger** – Breaded, crispy local organic "Chick-Un" tofu, buffalo sauce, topped with lettuce, tomato and onion. Served on a toasted locally-made bun. \$18.99

**Donair Wrap** – House made seitan, onion, lettuce, tomato, donair sauce, whole wheat tortilla. \$18.99

**Titanic Burrito \*gfo** – Black beans and veggie sausage crumble, tofu scramble, avocado, tomato, sweet potato, chipotle sauce, spinach, salsa, whole wheat tortilla. \$19.99

+ \*gfo Make it into a bowl!

**Mac Daddy Burger** – Signature house-made patty, special sauce, cheeze slice, lettuce, pickle, onions on a toasted locally made bun. \$18.99

**Ultimate Club Wrap** – Organic tofu, coconut bacon tomato, lettuce, avocado, pickles and garlic mayo, whole wheat wrap. \$19.99

+ Sub for crispy Chick-Un \$2

## »→ SALADS ←«

**Caesar Salad \*gfo** – Kale, mixed greens, coconut bacon, croutons, creamy house made Caesar dressing, cashew Parmesan. sm 12/lg 16

+ Make it a crispy Chick-Un Caesar \$2

**Fresh Salad \*gf** – Mixed greens, cabbage, carrot, beet, sunflower & pumpkin seeds, cucumber, tomato, house dill dressing. sm 11/lg 15

**While we strive to provide alternatives for folks with allergies and sensitivities, please note that our kitchen is not gluten, soy or nut-free. Please let us know of any allergies before ordering. A gratuity of 18% will be applied to tables of 5 or more.**